# 5 MODULES TRAINING: CRANIO-SACRAL THERAPY ON HORSES AND SMALL ANIMALS, FROM THE STRUCTURE TO THE STILLNESS, INCLUDING WORKING ON THE EMOTIONAL BODY OF THE STUDENTS AND ANIMALS

# By Sílvia Martí Korff

It is a 5 modules training in which every technique is explained with slides, then practiced on tables among the students and finally with the animals. The principles are a more structural Cranio-Sacral Therapy, Cranio-Sacral Biodynamics and Deep Listening from the Stillness. We will be working through the different modules from the physical body to the emotional body, including the bounds between animals and humans.

Place: SVTPT

Postfach

8162 Steinmaur

info@svtpt.ch

https://svtpt.ch

## Contents, time schedule and dates:

Friday: from 13h to 18h.

Saturday: form 9h to 13h and 14h to 18h.

Sunday: from 9h to 13h.

# Module 1: from 28 to 30 July 2023

- Foundations of Cranio-Sacral Therapy.
- Therapeutic Dialogue with body structures.
- Diagnostic Scans.
- Learning to palpate the Cranio-Sacral Rhythm and the Stillness of the Rhythm.
- Stillpoint Technique.
- Dural Tube Technique.

#### Module 2: from 1 to 3 December 2023

- The Fascial System.
- Diaphragma Techniques for the trunk and extremities joins.
- Follow the Tissue Technique.
- Fascial System diagnosis.
- Monitoring the treatment through Fascial Loading.
- Combining techniques from modules 1 and 2.

## Module 3: from 1 to 3 March 2024

- Neuro-cranium Techniques.
- Viscero-cranium Techniques.
- Lesions of the Spheno-Basilar Synchondrosis (SBS).
- Full protocol for the physical body on horses and dogs.

#### Module 4: from 14 to 16 June 2024

- Somato-Emotional Release after John E. Uppledger.
- Learning to feel the Tides of the Breath of Life:
  - Short Tide.
  - o Mid Tide.
  - Long Tide.
- Listening from the Stillness and the Heart after Mike Boxhall.

## Module 5: from 6 to 8 December 2024

- Full Deep Listening beyond Techniques including the relationship between animals and humans.
- Principles:
  - o Confidentiality.
  - o Selfcare.
  - o Resources.
  - o Option.
  - o Pause.
  - Negotiated physical contact.

This training follows a sequence, that is the reason why the students commit to attend all the modules. For the students having done previous Cranio-Sacral Therapy courses, we do recommend attending the whole training as well, because there are always some updates on the content, and it allows the student to acquire more deeper skills. Some discounts on the three first modules fees will be available for students having attended previous courses tough by Sílvia Martí Korff. Labs will be performed on humans, horses, and dogs.

### Who I am: Sílvia Martí Korff

#### Studies:

- DVM by Universitat Autònoma de Barcelona (Spain, 1992).
- Postgraduate in Physiotherapy for Horses, Escola Universitària Gimbernat (Barcelona, Spain, 1999-2000).
- Postgraduate in Veterinary Chiropractic in Options for Animals (USA, 2001). Certified by IVCA.
- Chiropractic Logan Basic Technique Courses, Levels I and II, (Germany and Austria, 2002-2003).
- Animal Craniosacral Therapy Course Level I, Upledger Institute (USA, 2002).
- Human Craniosacral Therapy Courses, Levels I and II, Somato-Emotional Release Levels I and II, Advanced Craniosacral Therapy Course, Pediatric CST Course, The Brain Speaks Course and Visceral Manipulation Levels I, II, III and IV by Spain's Upledger Institute (2004-2008).
- Animal Telepathy, Soul-Reading and Energetic Reading certification on Humans at Clairvoyance School of Sergi Aynó (Barcelona, Spain, 2010-2012).
- Craniosacral Therapy Biodynamics Advanced Course, Presence in Stillness, with Mike Boxhall (Calaf, Spain, June 2013).
- Postgraduate in Craniosacral Therapy Biodynamics with Carme Renalias (Fontcoberta, Spain, 2015-2016).
- Teacher Training with Mike Boxhall, Presence in Stillness, (Mallorca, Spain 2015-2016)
- From DOING to BEING, 5 Seminar Training with Mike Boxhall, (Toledo, Spain, 2017-2018).
- Stecco Fascial Manipulation Levels 1 and 2 (Germany, March and April 2022).
- Castellino's Woumb Surrounding Training (Calaf, Spain, 2022-2026).

#### **Current professional occupation:**

- Treating horses, dogs and cats with Craniosacral Therapy, Somato-Emotional Release, Visceral Manipulation, Presence in Stillness and some Chiropractic (Logan Basic Technique), combined with Homeopathy 2-3 days a week.
- Treating Humans (adults, kids and babies) with Craniosacral Therapy, Somato-Emotional Release, Visceral Manipulation and Presence in Stillness 2 days a week.
- Team-Treatments Horse-Rider or Dog-Human when they are emotionally connected. Animals can act as catalysators to help humans to make deeper work during treatments, and they can help as well to release emotions held back on human tissues.
- Teaching Craniosacral Therapy Courses for animal's owners, veterinarians, chiropractors, human physiotherapists since 2008.
- Teaching Basic Concepts about Chiropractic and Craniosacral Therapy at the Veterinary Faculty of Barcelona, as an invited teacher (3-4 hours every year).
- Teaching Craniosacral Therapy Courses for veterinary chiropractors Levels 1, 2 and 3 at IAVC (Sittensen, Germany, 2015 and 2017, 2019 and 2021).
- Teaching Animal Logan Basic Technique course at IAVC (Sittensen, 2018, 2020).

# My contact information:

- Tel: +34 649 87 24 16

- E-mail: silviamartikorff@gmail.com

- Address: Sant Dalmai (Girona – Catalunya) SPAIN, Europe







